

## WKU/FCA Sex & Relationships Questions 2018

1. I feel guilty after sex, I don't know if it's the person or the act. What does that mean?
  - It's both. The sin of sexual immorality always brings about guilt. The act of sex will bring about guilt in addition to the person who is not your husband/wife that will cause guilty feelings. The guilt in this situation is actually a good thing because it is pushing you to change your thinking and understanding of premarital sex.  
**Bible Verse: 1 Corinthians 16:18-20**
2. What if you're in a relationship, but you have already had sex? And both of you want to follow Christ within the relationship. Is it too late to change?
  - It's never too late to change. I would first ensure you that you have a relationship with Christ first. If you have a relationship with Christ, you are a new creation and God has given you everything you need for life and Godliness.  
**Bible Verse: 2 Corinthians 5:17 & Galatians 5**
3. If my significant other and I have sex, is it best for us to end things and start fresh in God's time?
  - Usually it's good to have at least a break in the relationship because of the law of diminishing returns, meaning it will be very difficult to get the same excitement over holding hands and kissing once you have experience sex with your significant other. A month-long break to reexamine your feelings and get reconnected with God will help you make a wise decision.  
**Bible Verse: Acts 3:19**
4. What are ways girls can say no to a guy?
  - Just say no. And if he does not respect that decision I would not waste one minute with this guy or any guy with this mentality. Your no should always be enough and if your word is disrespected he will disrespect every other decision you make.  
**Bible Verse: Matthew 5:37**
5. When do you know you've met the person God intends me to be with?
  - In this season of your life your primary relationship to be investing into is your relationship with Jesus Christ. The scriptures tell us that God wants to give you the desire of your heart in his timing. But, the hard reality is that some people might not marry at all.  
**Bible Verse: Psalm 37:4**
6. What do you think about sex all the time?
  - Sex is such a small part of your life and it is a distraction of Satan for you to focus on it all the time. The bible instructs us to set our minds on the things of above and to replace your obsessive thoughts about sex with the things of God. Thoughts of God are his word, being obedient and things that are eternal.  
**Bible Verse: Colossians 3:2**

7. What would you tell someone who is dealing with shame?

- Confess your sin to God because he has already paid the penalty and forgiven you of your sin. Then turn away grow daily closer to Christ and walk in freedom.

**Bible Verse: 2 Peter 1:5-7. Acts 3:19. Galatians 5**

8. Is premarital sex acceptable in any context and to what capacity?

- In God's eyes, no. Sex before marriage is virtually always the end of the relationship. When someone pressures you in sex before marriage instead of saying I love you, they actually are saying they hate you. It is never a good idea and always leads to negative consequences.

**Bible Verse: 1 Corinthians 6:18**