

## FCA Questions & Answers – The Bible & Sex

### Sexual Standard for Christians

Let there be no sexual immorality, impurity, or greed among you. Such sins have no place among God's people. Ephesians 5:3

#### 1. Is it ok to have sex, if you are smart about it?

No, the reality is that in this oversexed culture there is no safe sex. Safe sex is lie, here are some facts.

- Herpes, chlamydia, and HPV can be passed without sexual intercourse. Intense kissing, heavy petting without clothes and oral sex can transmit the diseases.
- Only 39% of HS & College students polled know how to properly put on a condom. Reducing the effective rate drastically.
- No condom manufacturer will guarantee 100% effectiveness. The range of failure and exposure to HIV, STD or Pregnancy is anywhere from 2% to 10%.

#### 2. What if you don't meet your spouse until your 40, do you have to wait that long?

- Marriage should be honored by everyone. And every marriage should be kept pure between husband and wife. Hebrews 13:4
- God's best for your life is to wait for your spouse before you engage in sexual activity. It's best because it keeps you from the shame of sleeping with the wrong person too soon, it keeps you from regret of accidental pregnancy, it keeps you free from STD's and it allows you to grow and develop deep connections with a person before you commit your life to them in marriage.
- If I asked you if you wanted \$1,000 today or you could wait one year and you get \$100,000 most people would take the \$100,000 later. That is what God is saying to us, you can have cheap meaningless sex now or you can have the best sex ever later, it's your choice.

#### 3. After you have been having sex with someone and you break up, how do you deal with the connection with that person?

- It would be wise to distance yourself for as long as possible from the other person. You created a very deep physical and spiritual bond with that person and the emotions and feelings will not go away overnight.
- Be intentional about replacing the time you spent with the person with God through reading scripture and prayer. But, also let a close friend know, so you can do social things together, ask them to help you through the process and check in on you occasionally.

**4. How do you have a conversation with your significant other about not having sex until marriage once you have already been sexually active.**

- Be honest and share with them very clearly what God's word states and what you expect from that area of the relationship going forward. Make your decision about the relationship from their response. Unfortunately, not everyone will be ok with your decision and it might mean that a breakup must occur. You must decide if are you going to please God or the person you are in relationship with.
- If they respond positively believe their actions and not their words. Their words will reveal the intentions of their hearts, if deeds line up with words it is clear evidence God is working in their hearts.

**5. What if you have taken part in in oral sex not knowing it was considered actual sex and we still have a desire to be abstinent?**

- Most important of all, continue to show deep love for each other, for (God's Grace) covers a multitude of sins. 1 Peter 4:8
- God's grace and his love has already covered our sins on the cross. So ask God to forgive and if you and your Gf/Bf are committed to stay pure sexually, develop a game plan and accountability with friends to make sure you guys finish well on your wedding night.
- If you make a commitment to not be alone with each other where you could fall into temptation that will go a long way towards staying pure.

**6. How to tell the difference between love and lust?**

- Lust was displayed in 2 Samuel 11:4 in a sexual encounter between King David and Bathsheba, "...she came to him, and he lay with her." The sex between David and Bathsheba was transactional, he used her, the sex between them was only focused on David's sexual desires.
- Love is displayed in Genesis 4:1, "Now Adam knew Eve his wife, and she conceived and bore Cain..." Love is displayed in the sexual encounter between Adam and Eve. Adam knew Eve, displaying the intimacy and connection between them and their sexual encounter honored God because they were married and their produced life from their sex.
- A great definition of love is doing what is best for the other person even at your own expense. Lust is selfish and transactional, it never brings glory to God. Love is intimate and eternal, it always brings glory to God.

**7. What if you're having sex with a Gf/Bf and would like to stop but the other isn't on the same page?**

- Taking a break for a while is probably a good idea. This is a good example of what happens in relationships over time. All people change, what is important today is not always important tomorrow. The sexual arrangement you two agreed to in the beginning has now changed and both parties need to step back and reflect on whether this is the best person for them going forward.
- That is why it is vital to build your relationship on Christ, because although your goals and aspirations will change over time. Both of you need to be

rooted in the solid rock of the gospel which never changes and will set the boundaries and goals for your relationship.

**8. What is the most obvious sign of love?**

- My best definition of love is doing what is best for the other person even at your own expense. So, if you can find a person who is willing to sacrifice some of their desires for you, then that is a great sign of love.
- One great example is a person who is willing to wait to be sexually intimate. Most people in a relationship have a strong sexual desire, but if that person is willing to faithfully commit to obtaining from sex until marriage that is a great example of putting your needs above their own.

**9. What should you do when you slip up and have sex?**

- *Repent, then, and turn to God, so that your sins may be wiped out, that times of refreshing may come from the Lord Acts 3:19*
- Repent means to turn and go in the opposite direction. Ask God to forgive you through prayer and God will faithfully forgive you and never remind you of your sin.
- Now you and your Gf/Bf must both commit to not create an opportunity for that sin to occur again. Get together with strong Christians you trust and develop a game plan for those times when you are tempted. Make the focus of your relationship honoring Christ not fulfill your sexual desires.

**10. Are you single until your married?**

- Yes, the definition of single is unmarried. God's word teaches us that singleness is a blessing. Enjoy the freedom that singleness provides don't look at it as God holding something away from you.
- Take advantage of your singleness to grow closer to God and develop into the person that you want to attract. If you want to marry an honest, trustworthy, Godly and accomplished person become that type of person.